

2026 TERM 1 DATES

Wednesday 4th February – Wednesday 1st April (Inclusive)

6:00 – 7:00 PM | Junior Training

Cost : \$7 / session

For younger players and those new to the game wishing to learn the basics. These sessions incorporate a mixture of basic skill and technique practice and modified game play activities.

*** Commencing in 2026 we will be incorporating match play within the junior training timeslots as a social junior competition for participants attending regular training sessions.***

6:00 – 7:30 PM | Development Training

Cost: \$10 / session

For our Junior players who are ready to move to a more specific training pathway that incorporates match play, positional roles, team plays, as well as a clear understanding of rules and scoring.

7:00 – 8:00 PM | Fundamentals Training

Cost: \$7 / session

Players looking to advance their skills, assist in preparing for regular competition or move to the next level of competition.

7:30 – 9:15 PM | Senior Training (By Invitation Only)

Cost:\$10 / session

Designed for experienced players competing at higher levels or preparing for representative tournaments

*** On court at 7:30pm for warm up and basic drills with coach lead training commencing at 8pm***